



The State Committee on Aging and
The New Hampshire Department of Health and Human Services
Bureau of Elderly and Adult Services



Community Listening Forums
Helping Each Other Through the Ages

Schedule 2008

It really is about you. For so many years you may have been focusing on your job or career, raising a family, or giving unselfishly of your time and talents to your community. Now it's time to concentrate on how you want to spend this time in your life. What do you need to stay engaged and active? How can the State and communities support you in living life on your terms? Please join us for a discussion on this topic at any of the sessions listed below. Representatives from the State will attend these sessions to hear your ideas firsthand.

<i>Date</i>	<i>Location</i>	<i>Contact</i>
<u>Monday, May 12</u> 1:30 p.m.	Nashua Senior Center 70 Temple St., Nashua	889-6155
<u>Monday, May 19</u> 10:00 a.m.	Laconia Public Library 695 Main St., Laconia	524-4775
3:00 p.m.	Monadnock ServiceLink 105 Castle St., Keene	352-9354
<u>Wednesday, May 28</u> 10:00 a.m.	William B. Cashin Senior Activity Center 151 Douglas St., Manchester	624-6536
<u>Monday, June 9</u> 10:00 a.m.	River Valley Community Center (formerly NHCTC–Claremont) 1 College Drive, Claremont	542-7744
<u>Monday, June 16</u> 9:30 a.m.	Horseshoe Pond Community Resource Room 26 Commercial St., Concord	228-4704
1:30 p.m.	St. John's United Methodist Church 28 Cataract Ave., Dover	742-3046
<u>Tuesday, June 17</u> 2:00 p.m.	Plymouth Senior Center 8 Depot St., Plymouth	536-1204
<u>Monday, June 23</u> 12:30 p.m.	Gibson Center 14 Grove St., North Conway	356-3231
<u>Monday, June 30</u> 12:30 p.m.	Wolfeboro Public Library 259 South Main St., Wolfeboro	569-2428
<u>Tuesday, July 15</u> 10:00 a.m.	White Mountains Community College 2020 Riverside Dr., Berlin	445-4525
<u>Thursday, July 17</u> 1:00 p.m.	Salem Senior Services Center 1 Sally Sweet's Way, Salem	890-2190
<u>Tuesday, July 22</u> 1:30 p.m.	Littleton Area Senior Center 77 Riverglen Lane, Littleton	444-6050

Please RSVP to Heather at heather.tuttle@dhhs.state.nh.us or 1-800-852-3345 x4384 or TDD 1-800-735-2964 x4384.